

July



MONDAY

7

TUESDAY

8

WEDNESDAY

9

THURSDAY

10

FRIDAY

11

BREAKFAST

WG Cereal and Milk
Fruit

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Fruit

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Hot Breakfast
WG Cereal and Milk
Fruit

AM SNACK

Fresh Fruit

English Muffins

Goldfish Crackers

Chex Mix

String Cheese

LUNCH

Chicken Nuggets
Mixed Vegetables
Peaches
Bread and Butter
Milk

Beanie Weenies
Peas
Mixed Fruit
Bread and Butter
Milk

HM Chicken & WG Noodles
Corn
Pineapple
Bread and Butter
Milk

Mini Corn Dogs
Green Beans
Mandarin Oranges
Milk

Lunch Meat Sandwich
Carrots
Applesauce
WG Sun Chips
Milk

PM SNACK

Carrots and Ranch
Juice

Graham Crackers
Milk

Oyster Crackers
Juice

Wheat Thins
Juice

Cook's Choice