

MONDAY 21

BREAKFAST

WG Cereal and Milk Fruit

AM SNACK

Fresh Fruit

LUNCH

Cheesy Chicken and Rice Green Beans Pineapple Bread and Butter Milk

PM SNACK

Carrots and Ranch
Juice

TUESDAY 22

WG Cereal and Milk Fruit

Cottage Cheese

WG Tortilla Casserole Corn Mandarin Oranges Bread and Butter Milk

> Pretzels Juice

WEDNESDAY 23

WG Cereal and Milk Fruit

English Muffins

Beef Sticks
Peas
Mixed Fruit
Bread and Butter
Milk

Chex Mix Juice THURSDAY 24

WG Cereal and Milk Fruit

Club Crackers

Beanie Weenies Mixed Vegetables Peaches Bread and Butter Milk

> Cheez-Its Juice

FRIDAY 25

Hot Breakfast WG Cereal and Milk Fruit

Oyster Dots

Lunch Meat Sandwich Carrots Applesauce WG Sun Chips Milk

Cook's Choice

HM: Home Made WG: Whole Grain