

January



25

26

27

28

29

HM= Home Made

WG= Whole Grain

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	WG Cereal & Milk & Fruit	WG Cereal & Milk & Fruit	WG Cereal & Milk & Fruit	WG Cereal & Milk & Fruit	WG Cereal & Milk Fruit Hot Breakfast
MORNING SNACK	Fresh Fruit	English Muffins	String Cheese	Cheez-Its	Yogurt
LUNCH	Hot Dog on a Bun Corn Peaches Milk	Tater Tot Casserole Green Beans Pineapple Bread & Butter Milk	Goulash Carrots Pears Bread & Butter Milk	Beef Stew Mixed Vegetables Mandarin Oranges Bread & Butter Milk	Lunch Meat Sandwich Peas Applesauce WG Sun Chips Milk
AFTERNOON SNACK	Carrots and Ranch & Juice	Chex Mix & Juice	Club Crackers & Juice	WG Quesadilla	Cook's Choice

