

MONDAY 28

BREAKFAST

WG Cereal and Milk Fruit

AM SNACK

Fresh Fruit

LUNCH

Hot Dog on a Bun Corn Mixed Fruit Milk

PM SNACK

Carrots and Ranch
Juice

TUESDAY 29

WG Cereal and Milk Fruit

Cottage Cheese

Chicken Nuggets
Peas
Pears
Bread and Butter
Milk

Cheez-Its
Juice

WEDNESDAY 30

WG Cereal and Milk Fruit

English Muffins

Beef Stew Mixed Vegetables Mandarin Oranges Bread and Butter Milk

Graham Crackers Milk THURSDAY

WG Cereal and Milk Fruit

WG Wheat Thins

Tater Tot Casserole Green Beans Peaches Bread and Butter Milk

> Chex Mix Juice

FRIDAY

2

Hot Breakfast WG Cereal and Milk Fruit

Raisins

Lunch Meat Sandwich Carrots Applesauce WG Sun Chips Milk

Cook's Choice

HM: Home Made WG: Whole Grain